



HIGH TEA

Drinks

ENGLISH BREAKFAST WITH CINNAMON

A full bodied English Breakfast Tea with a hint of cinnamon providing the mind a natural energy boost and creating a sense of overall wellbeing!

TART'S HERBAL BLEND

A mix of eight herbs and spices create a sense of calmness but also provide a sense of vitality, with hints of peppermint and lemon grass.

APPLE, LIME, GINGER & LEMONGRASS ICED TEA

refreshing and cooling ginger and lemongrass ice tea loaded with antioxidants which improves blood flow and lowering cholesterol and naturally sweetened with apple and lime

CHAI TEA

Using our very own blend of spices, the House Chai Tea provides a calming and relaxing effect on the body and mind as well as many immune boosting qualities.

CINNAMON COFFEE

With the endorphin boosting properties of coffee combined with the memory boosting qualities of cinnamon, this is a great coffee to commence the day!

VANILLA AND CARDAMON COFFEE

The hint of vanilla aids in mental ability and a good dose of antioxidant combined with the immune boosting properties of cardamom

PICCOLO ESPRESSO MARTINI

This coffee is of pure indulgence with the warming sensation of coffee liquor, mixed with the sweet taste and aromatic scent of vanilla.

SALTED CARAMEL FRAPPE

House made gourmet salted caramel ice cream, blended with milk and served over ice

